

### MENTAL HEALTH PEER SUPPORT SPECIALIST FOR OLDER ADULTS

## **Position Summary:**

This position is part of the Mental Health Resources for older adults team that will provide peer support services to older adults in Dane County to improve their physical and mental health, thereby enabling these older adults to continue living in their own homes. The Peer Support Specialist will be available to help support their peers in working on treatment plan goals through sharing their own experiences, providing companionship and support to help build hope and recovery.

## **Position Responsibilities:**

- 1. Assist participants in exploring recovery opportunities through community services, emotional growth, and life recovery goals.
- 2. Help support participants exploring and practicing recovery skills to assist in meeting the participants goals.
- 3. Model effective coping techniques and self-help strategies based on the peer specialist's own recovery experience.
- 4. Support participants in advocating for themselves to obtain appropriate services.
- 5. Explore options and techniques to monitor the recovery progress.
- 7. Encourage participants to participate in social, recreational, and other therapeutic activities that enhance interpersonal skills and develop social relationships.
- 8. Advocate and explore supportive resources that encourage community and social involvement.
- 9. Promote wellness, independence, self-determination, meaningful living and recovery.
- 10. Model recovery, believing there is hope for all people and strategically share recovery as it is most impactful to participants and offering coping strategies.
- 11. Communicate with supervisors and other staff about the needs, skills, and goals of peers typically done in staff meetings with other MHR staff.
- 12. Document all participant contact as required by maintaining accurate records of activities, including outcomes data.

# **Education and/or Experience:**



- Current certification as a Wisconsin Certified Peer Specialist or ability to become certified upon employment.
- Person with self-identified lived experience of mental health and/or substance use challenges.
- Commitment to work toward improving cultural sensitivity and inclusion as demonstrated by valuing diversity, recognizing personal limitations, and advocacy.
- Self-starter who enjoys working independently.
- Views consumer needs, mutuality, self determination and informed consent as a high priority.
- Ability to balance multiple job duties and remain organized.
- Adheres to Wisconsin Certified Peer Specialist Code of Ethics.
- Ability to communicate effectively (both orally and in writing).
- Knowledge or experience accessing resources, such as housing or recreational activities.
- Access to transportation
- Experience completing professional documentation.
- Computer skills (internet, gmail, google docs, cellular phone).
- Pass Criminal/Caregiver screening

#### **Work Schedule**

- Hybrid Work Model
- Classification: Regular, full-time, non-exempt

### Salary and Benefits

- Base Salary \$37,440 41,600/year
- Benefits Package \$8,000
- Paid Time Off
- Paid Holidays
- Mileage Reimbursement
- Staff Engagement Opportunities
- NewBridge fosters work-life balance for all employees in a caring supportive environment

Position will remain open until filled.

### To Apply

We require <u>either</u> a resume or a NewBridge job application (application is available on our website). You may either email (info@newbridgemadison.org) or mail (NewBridge, Attn: Deb, 1625 Northport Dr., #125, Madison, WI 53704) your resume or application.

NewBridge Madison intentionally values and promotes diversity, inclusion and anti-racism in serving older adults