



Wisconsin Certified Peer Specialists...

Igniting Recovery

Volume 8 Issue 2

Special points of interest:

- Wisconsin Peer Run Organizations supporting recovery and growth
- International Association of Peer Supporters: dedicated to growing the peer movement worldwide
- Information on addiction and recovery support here in Wisconsin

Peer Run Organizations (PRO's)...

Peer Run Organizations are comprised of individuals with lived experience of mental health and/or addiction recovery. Wisconsin has nine Peer Run Organizations (PRO's). Each one is unique but they all have the common thread of support and recovery. Here is a brief overview of the organizations. Thank you to Julia McDermid, State Coordinator Peer Run Organizations at Independent Living Resources in La Crosse for providing the website for the information. <http://www.recoveryprosupport.net/>

RAVE* Recovery Avenue is in La Crosse, WI. RAVE * Recovery Avenue is an accepting and comfortable place staffed by peers who are in mental health recovery. RAVE offers opportunities to its visitors with no obligation or pressure. For more information on the RAVE drop in center or the RAVE activity schedule, please contact Sara Eckland at Independent Living Resources 608- 787-1111 or the direct phone number at 608-785-9615.

Genesis 1990, Inc. located in Ashland, WI provides a supplement to mental health services, based upon the effectiveness of peer self-help programs. We provide peer support, education and advocacy. They strive to see past the disability or mental illness and embrace each as an individual with different strengths and talents. No one is a majority or a minority in Genesis. We are all equal and do our best to treat each other as such. For more information please call 715-682-0375.

New Direction in Rice Lake, WI offers a supportive environment where people can meet in a welcoming environment to discuss recovery and gain information about community involvement and growth. For more information please call 715-234-3637.

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Peer Run Organizations...



Wellness Shack in Eau Claire, WI The Wellness Shack, Inc. is a consumer-run, non-profit organization serving as Eau Claire's Center for Adults in Mental Health Recovery. It is run by the very members who comprise it, offering the chance for recovery, solace, and peace of mind by supporting, encouraging, and working with others who share similar conditions. For more information please call 715-855-7705 or visit their website at: <http://www.wellnessshack.org/>

Cornucopia in Madison, WI is an arts-based drop-in center where people can meet for peer support and encouragement regarding their wellness, recovery and creativity. For more information please call 608-249-7477.

Horizons of Jefferson County, WI Horizons is a peer-run recovery organization that supports the journey of personal growth, holistic healing and recovery to anyone who has a mental health illness and/or AODA. Horizons achieves these goals through peer support, education and social activities in a safe, non judgmental, stigma-free, holistic and friendly environment. For more information please call (920) 397-6071.

“Certified Peer Specialists work in a wide variety of areas in mental health and/or substance use disorder recovery “

NAMI Washington County-The Welcome Center West Bend, WI The NAMI Welcome Center is the location of our recovery center for those with mental illness. Recovery centers focus on the strength of the individual. We work with personal values of hope, healing and recovery rather than focusing on the treatment of an illness. At the recovery center, we learn together to shed labels and limitations we encounter.

For more information please call 262-339-1235.

The Gathering Place in Green Bay, WI The Gathering Place is a Recovery Center for individuals with lived experience of mental illness. The center is unique as it is operated 100% by peers. The Gathering Place promotes recovery from mental illness in all that we do. Peers support one another in the journey towards recovery. We offer opportunities for socialization, learning and growth. services. They are a community of peers and it is through the sharing of similar life experiences that our members gain friendship, understanding, hope and strength.

For more information please call 920-430-9187 or visit their website at:

<http://www.thegatheringplaceinc.com/>



Recommended Reading...



This toolkit helps service providers for the aging learn more about mental illness and substance use disorders in older adults, including focus on alcohol and medication use. It provides tools such as a program coordinator's guide, suggested curricula, and handouts.

Alcohol and medication misuse and mental health conditions can be significant problems for older adults. Our growing life expectancy, coupled with the aging of the “baby boom” generation make the need to address these issues more critical than ever before. As with other age groups, by preventing these problems from occurring in the first place, and by addressing them promptly when they do arise, we can enhance the lives and health of millions of older Americans. The Get Connected Toolkit was created to help health and aging services providers learn more about alcohol and medication misuse and mental health conditions in older adults so they can address these issues more effectively. It has been designed to help health and aging services providers undertake health promotion, advance prevention messages and education, and undertake screening and referral for mental health conditions and the misuse of alcohol and medications. The Get Connected Toolkit helps coordinate these efforts and link your organization and the older adults you serve to other valuable community-based and national resources.

Download or view the kit at (it is a large kit at 115 pages):

<https://store.samhsa.gov/shin/content//SMA03-3824/SMA03-3824.pdf>



“Certified Peer Specialists are an integral part of a persons recovery team.”

The International Association of Peer Supporters...

The International Association of Peer Supporters (iNAPS) is a 501(c)(3), non-profit organization dedicated to growing the peer support movement worldwide. Founded in 2004 by a group of avid peer specialists in the state of Michigan, the organization has quickly grown with members from every state, and now includes members from several countries outside the U.S. iNAPS is a thriving community of practice that publishes monthly newsletters and regular news updates, develops and shares access to recovery and peer support information, conducts surveys, reports on the current status and trends in the peer workforce, and hosts the longest running national conference (attended by peer supporters and those who hire them from around the world) which brings together members of the peer support movement to share ideas, strategies, and innovative programs and ideas. <https://inaops.org/>





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The newsletter is also available in other formats. If you would like to submit an article for consideration or recommended reading we would be happy to review it

**2017 Peer Specialist
Certification Exams**

Certification Exam dates for 2017 have been posted. Additional training dates are expected to be posted in the near future. Please check the www.wicps.org website for updates on training and exam dates. For further information alicep@accesstoind.org

Thank you to the ILC's and UW-Milwaukee for their partnership in making the exam process a success!

Wisconsin Voices for Recovery...

For almost 20 years, statewide and local Recovery Community Organizations (RCOs), representing people in recovery from alcohol and other drug addiction, their families, friends and allies, have formed around America to create a growing advocacy force and to support the creation of Recovery Support Services (RSS).

Under the guidance of Faces & Voices of Recovery, these RCOs have advocated for rights and resources for individuals in or seeking recovery and their family members. Over time, the stigma surrounding addiction and recovery has decreased and support for recovery has grown across the country, but more work still needs to be done!

Wisconsin Voices for Recovery is Wisconsin's only statewide recovery network currently supported by the Wisconsin Department of Health Services, Division of Care and Treatment Services. Wisconsin also has many growing Recovery Community Organizations, businesses, and other non-profit groups that are working to celebrate the strengths and address the needs of their communities.

For more information on Faces & Voices of Recovery, visit their website at: <http://wisconsinvoicesforrecovery.org/home/>

Resources...

Wisconsin Bureau of Prevention, Treatment and Recovery

Phone: 608-266-2717

Web: http://dhs.wisconsin.gov/mh_bcmh/index.htm

NAMI Wisconsin

Phone: 608 268-6000 or (800) 236-2988

Web: www.namiwisconsin.org

Wisconsin United for Mental Health

Web: www.wimentalhealth.org Phone: 866-948-6483

Mental Health America-Wisconsin

Web: www.mhawisconsin.org Phone: (414) 276-3122 or (866) 948-6483 (toll free)