HEARING VOICES: AN EVIDENCE BASED, SELF-DIRECTED APPROACH TO WELLNESS

APRIL 23-25, 2013

HOWARD JOHNSON PLAZA HOTEL
3841 E. WASHINGTON AVE.
MADISON, WI 53704

TRAINING FACILITATED BY:
RON COLEMAN &
KAREN TAYLOR
WORKING TO RECOVERY, LTD.

ISLE OF LEWIS, SCOTLAND

SPONSORED BY
THE WISCONSIN ASSOCIATION OF PEER SPECIALISTS, INC. & WORKING TO RECOVERY, LTD.
Hearing voices is one of the most common experiences that people diagnosed with a psychotic illness have and research has shown that many people continue to hear voices even after prolonged use of medication. This has meant that many voice hearers do not get relief from their experiences. The consequence of this is that many people live lives that are low in quality & high in distress. Many professionals are left frustrated when medication does not deliver the desired results.

**Learning Outcomes:**

All participants of training will have:

- An understanding of hearing voices.
- Been introduced to developing coping strategies.
- To working within belief systems of voice hearers and understanding the how to work within that system
- Been introduced to voice profiling.
- Developed confidence, awareness and expertise in working with voices.
- Developed a toolkit for working with client’s voices.
- The confidence to use the voices workbook.

**PLEASE NOTE:**

The First Day is open to an unlimited Number of participants

The second two days of the training will be planned around the needs of the group and is open to all levels of expertise.
WORKING WITH VOICES:
INDIVIDUALLY AND IN GROUPS

OUTLINE OF THE DAY:

9:00   Welcome & Explanation of Day
9:15   Karen & Ron’s stories
10:30  Voice Hearing Exercise
11:00  Break
11:15  Evidence Base
12:00  Setting up & running a Hearing Voices group
12:30  Lunch
1:30   Case Studies & using the workbook
3:15   Break
3:30   Working with voice hearers as peers
4:00   Questions & Discussion

NOTE: ATTICIPATION THIS DAY IS OPEN TO INDIVIDUALS CLINICIANS AND VOICE HEARERS, AS WELL AS TEAMS AS A SINGLE DAY OF TRAINING. ALTHOUGH NOT ALL INFORMATION ON THE “WORKING TO RECOVERY” SYSTEM WILL BE DISSEMINATED, INFORMATION WILL BE EDUCATIONAL AND USEFUL TO TAKE BACK TO YOUR COMMUNITIES FOR DISCUSSION.

TEAMS MUST ATTEND ALL THREE DAYS.
WORKING WITH VOICES
FOR KEY-WORKERS
&
VOICE HEARERS

WEDNESDAY & THURSDAY
APRIL 24-25, 2013

Please Note:

This these two days of training have been developed for Key Workers & Voice Hearers to work together & learn how to use the ‘Working with Voices’ workbook.

There are a maximum of 20 Key Workers & 20 Voice Hearers.

The two days will be planned around the needs of the group, their experiences & expertise.

This course can be open to all staff grades within your services.

The course is very intensive & past experience has shown it can make a profound difference in the relationship formed between Key Worker & Voice Hearer and between the Voice Hearer and their voices. The course will include a hearing voices group & a Key-Worker mentor group.

Each day will start at 9.30 pm & finish around 4.30 pm, there will be plenty of time out breaks, each team will be able to develop at their own pace.

Key Workers can be any clinician, case manager, service facilitator, service facilitator or certified peer specialist. Key Workers who hear voices are also invited to attend as Voice Hearers.
ABOUT THE FACILITATORS:

Ron Coleman

Ron Coleman is a Mental Health Trainer and Consultant specialising in psychosis prevention and resolution. He has designed training packages to enable voice hearers to gain ascendancy over the negative aspects of the voice hearing experience. His own route to recovery, after spending 13 years in & out of the psychiatric system, has given him many insights into the many difficult issues facing today’s mental health services.

Ron has published several books including ‘Politics of the Madhouse’, co-authored ‘Working with Voices’ & ‘Working to Recovery’ and wrote ‘Recovery an Alien Concept?’ Ron is now back in his homeland of Scotland after 20 years of self imposed exile!

Karen Taylor

Karen Taylor is an RMN with 16 years experience in the NHS in England with both older people and adults of working age. She has personal experience of designing, implementing and managing innovative community care services. After leaving the NHS Karen managed a company Keepwell Ltd for 2 years whilst there she co-authored the workbook ‘Working to Recovery’ and ran a psychosis resolution service based on recovery. Now based in Scotland, and director with Ron Coleman in ‘Working to Recovery Limited’, Karen has also been involved in introducing recovery training in Australia, New Zealand, Palestine, Denmark and Italy, as well at the United Kingdom.

THIS TRAINING HAS BEEN ENDORSED BY:

The Wisconsin Assn. Of Peer Specialists
NAMI WI Consumer Council
SAMHSA Recovery To Practice
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APRIL 23-25, 2013

REGISTRATION FORM—MUST BE RECEIVED BY APRIL 16, 2013

NAME OF CLINICIAN: _________________________________________________________

ORGANIZATION: _____________________________________________________________

STREET ADDRESS: __________________________________________________________

CITY, STATE, ZIP CODE: _____________________________________________________

PHONE: _____________________________________________________________________

EMAIL ADDRESS: ___________________________________________________________

NAME OF VOICE HEARER: _____________________________________________________

STREET ADDRESS: __________________________________________________________

CITY, STATE, ZIP CODE: _____________________________________________________

PHONE: _____________________________________________________________________

EMAIL ADDRESS: ___________________________________________________________

(NAMES & CONTACT INFORMATION OF ALL VOICE HEARERS WILL BE HELD NOT BE DISCLOSED TO ANY PARTIES.

REGISTRATION FEE

________  CLINICIANS OR VOICE HEARERS 1 DAY @ $65.00 EACH $__________________

________  CLINICIAN (S)  3 DAY SESSION @ $ 185.00 EACH $__________________

________  VOICE HEARER (S) 3 DAY SESSION @ $ 185.00 EACH $__________________

TOTAL REGISTRATION FEE DUE: $__________________

PAYMENT MAY BE MADE BY SENDING REGISTRATION FORM ALONG WITH A CHECK OR MONEY ORDER PAYABLE TO THE WISCONSIN ASSOCIATION OF PEER SPECIALISTS, INC. and mailed to:

The Wisconsin Association of Peer Specialists, Inc.
926 South 16th Avenue
Wausau, WI  54401

A block of rooms has been reserved the Howard Johnson Plaza Hotel, 3841 E. Washington Avenue, Madison, WI  53704 at a rate of $65.00 plus tax. Please call the hotel directly to reserve a room at 608-244-2481 and ask for a room in the “WISCONSIN PEERS” group block. RESERVATIONS UNDER THE GROUP RATE MUST BE MADE BY APRIL 10, 2013.