


**HEARING VOICES:  
AN EVIDENCE  
BASED, SELF-  
DIRECTED  
APPROACH TO  
WELLNESS**

**APRIL 23-25, 2013**

**HOWARD JOHNSON  
PLAZA HOTEL  
3841 E. WASHINGTON AVE.  
MADISON, WI 53704**

**TRAINING FACILITATED BY:  
RON COLEMAN &  
KAREN TAYLOR  
WORKING TO RECOVERY,  
LTD.  
ISLE OF LEWIS, SCOTLAND**

**SPONSORED BY  
THE WISCONSIN  
ASSOCIATION OF  
PEER SPECIALISTS,  
INC. &  
WORKING TO  
RECOVERY, LTD.**



Hearing voices is one of the most common experiences that people diagnosed with a psychotic illness have and research has shown that many people continue to hear voices even after prolonged use of medication. This has meant that many voice hearers do not get relief from their experiences. The consequence of this is that many people live lives that are low in quality & high in distress. Many professionals are left frustrated when medication does not deliver the desired results.

### **Learning Outcomes:**

All participants of training will have:

An understanding of hearing voices.

Been introduced to developing coping strategies.

To working within belief systems of voice hearers  
and understanding the how to work within that  
system

Been introduced to voice profiling.

Developed confidence, awareness and expertise  
in working with voices.

Developed a toolkit for working with client's voices.

The confidence to use the voices workbook.


Develop a toolkit for for working with voices

Understanding of how a hearing voices  
group is run

### **PLEASE NOTE:**

**The First Day is open to an unlimited  
Number of participants**

The second two days of the training will  
be planned around the needs of the  
group and is open to all levels of  
expertise.



**TUESDAY,  
APRIL 23, 2013**

**WORKING WITH VOICES:  
INDIVIDUALLY AND IN GROUPS**

**OUTLINE OF THE DAY:**

- 9:00 Welcome & Explanation of Day**  
**9:15 Karen & Ron's stories**  
**10:30 Voice Hearing Exercise**  
**11:00 Break**  
**11:15 Evidence Base**  
**12:00 Setting up & running a Hearing Voices  
group**  
**12:30 Lunch**  
**1:30 Case Studies & using the workbook**  
**3:15 Break**  
**3:30 Working with voice hearers as peers**  
**4:00 Questions & Discussion**

**NOTE: PARTICIPATION THIS DAY IS OPEN TO INDIVIDUALS CLINICIANS AND VOICE HEARERS, AS WELL AS TEAMS AS A SINGLE DAY OF TRAINING. ALTHOUGH NOT ALL INFORMATION ON THE "WORKING TO RECOVER" SYSTEM WILL BE DISSEMINATED,, INFORMATION WILL BE EDUCATIONAL AND USEFUL TO TAKE BACK TO YOUR COMMUNITIES FOR DISCUSSION.**

**TEAMS MUST ATTEND ALL THREE DAYS.**



**WORKING WITH VOICES  
FOR KEY-WORKERS  
&  
VOICE HEARERS**

**WEDNESDAY & THURSDAY  
APRIL 24-25, 2013**

**Please Note:**

This these two days of training have been developed for Key Workers & Voice Hearers to work together & learn how to use the 'Working with Voices' work-book.

There are a maximum of 20 Key Workers & 20 Voice Hearers

The two days will be planned around the needs of the group, their experiences & expertise.

This course can be open to all staff grades within your services. .

The course is very intensive & past experience has shown it can make a profound difference in the relationship formed between Key Worker & Voice Hearer and between the Voice Hearer and their voices. The course will include a hearing voices group & a Key-Worker mentor group.

Each day will start at 9.30 pm & finish around 4.30 pm, there will be plenty of time out breaks, each team will be able to develop at their own pace.

Key Workers can be any clinician , case manager, service facilitator, service facilitator or certified peer specialist. Key Workers who hear voices are also invited to attend as Voice Hearers.



## **ABOUT THE FACILITATORS:**

### **Ron Coleman**

Ron Coleman is a Mental Health Trainer and Consultant specialising in psychosis prevention and resolution. He has designed training packages to enable voice hearers to gain ascendancy over the negative aspects of the voice hearing experience. His own route to recovery, after spending 13 years in & out of the psychiatric system, has given him many insights into the many difficult issues facing today's mental health services.

Ron has published several books including 'Politics of the Madhouse', co-authored 'Working with Voices' & 'Working to Recovery' and wrote 'Recovery an Alien Concept?' Ron is now back in his homeland of Scotland after 20 years of self imposed exile!

### **Karen Taylor**

Karen Taylor is an RMN with 16 years experience in the NHS in England with both older people and adults of working age. She has personal experience of designing, implementing and managing innovative community care services. After leaving the NHS Karen managed a company Keepwell Ltd for 2 years whilst there she co-authored the workbook 'Working to Recovery' and ran a psychosis \ resolution service based on recovery. Now based in \ Scotland, and director with Ron Coleman in 'Working to Recovery Limited', Karen has also been involved in introducing recovery training in Australia, New Zealand, Palestine, Denmark and Italy, as well at the United Kingdom.

### **THIS TRAINING HAS BEEN ENDORSED BY:**

The Wisconsin Assn. Of Peer Specialists  
NAMI WI Consumer Council  
SAMHSA Recovery To Practice



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**APRIL 23-25, 2013**

**REGISTRATION FORM—MUST BE RECEIVED BY APRIL 16, 2013**

NAME OF CLINICIAN: \_\_\_\_\_

ORGANIZATION: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

NAME OF VOICE HEARER: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

(NAMES & CONTACT INFORMATION OF ALL VOICE HEARERS WILL BE HELD NOT BE DISCLOSED TO ANY PARTIES.

**REGISTRATION FEE**

_____	CLINICIANS OR VOICE HEARERS 1 DAY @ \$65.00 EACH	\$ _____
_____	CLINICIAN (S) 3 DAY SESSION @ \$ 185,00 EACH	\$ _____
_____	VOICE HEARER (S) 3 DAY SESSION @ \$ 185.00 EACH	\$ _____

**TOTAL REGISTRATION FEE DUE:** \$ \_\_\_\_\_

**PAYMENT MAY BE MADE BY SENDING REGISTRATION FORM ALONG WITH A CHECK OR MONEY ORDER PAYABLE TO THE WISCONSIN ASSOCIATION OF PEER SPECIALISTS, INC. and mailed to:**

The Wisconsin Association of Peer Specialists, Inc.  
926 South 16th Avenue  
Wausau, WI 54401

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A block of rooms has been reserved the Howard Johnson Plaza Hotel, 3841 E. Washington Avenue, Madison, WI 53704 at a rate of \$65.00 plus tax . Please call the hotel directly to reserve a room at 608-244-2481 and ask for a room in the “WISCONSIN PEERS” group block. **RESERVATIONS UNDER THE GROUP RATE MUST BE MADE BY APRIL 10, 2013.**